



**Kinship House**  
1823 NE 8th Ave.  
Portland, OR 97212

# Meet Jack.

Jack is a sweet, energetic 7-year-old who is staring down some major life changes right now. Jack came into foster care two years ago when it became clear that his biological parents couldn't care for him.

At five, he moved into a foster home while the adults in his life tried to figure out what was next. Today, Jack is preparing to move in with his new adoptive family.

Throughout the past two years, he has been coming to Kinship House for therapy. At first, he was hesitant. After all, he had learned at a very young age that not all adults can be trusted to keep him safe. Week after week Jack would come, play, grab a snack, and collect his item from the treasurebox. At his own pace, he began to engage.

With the help of a Kinship House therapist and a dedicated team of adults, Jack will be wrapped in support as he makes the transition to his new family. To be clear, the transition will not be easy – it's a brand new family, house, school – all of it. However, this time he knows what to do when he feels scared or angry, and how to ask for help when he needs it. This time he knows that there are adults that he can count on to keep him safe.

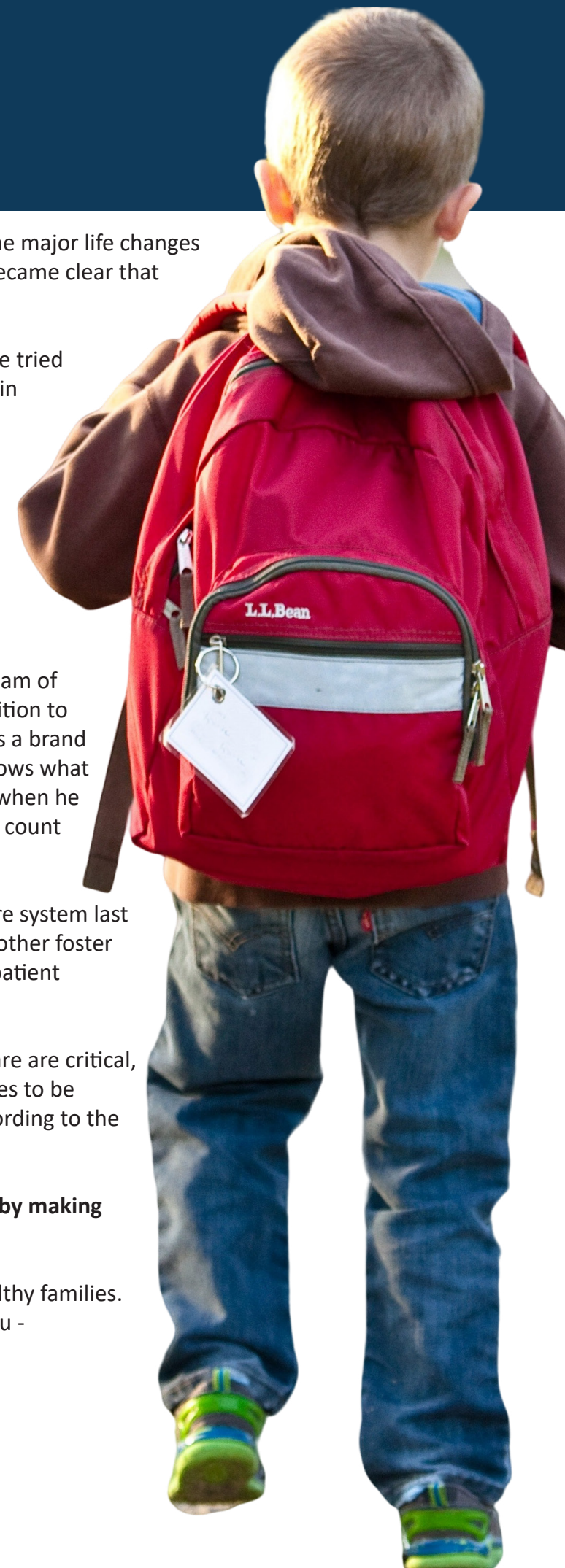
Jack is one of over 11,000 children who entered the foster care system last year in Oregon. Thanks to donors like you, Jack and over 500 other foster and adopted children are able to receive comprehensive outpatient therapy and advocacy at Kinship House.

We know that mental health supports for children in foster care are critical, and are not being met. Mental and behavioral health continues to be the largest unmet health need for children in foster care, according to the American Association of Pediatrics.

**This holiday season, please consider helping meet the need by making a gift that is personally significant to you.**

Your generous donation will support new beginnings and healthy families. For all you do to support children in our community, thank you -

Natalie Wood | Executive Director, Kinship House  
*Names and details have been changed to protect client privacy.*



December 11, 2019

*A Holiday  
Magic*

At the Jack London Revue

RSVP at [KinshipHouse.org/](http://KinshipHouse.org/)  
community-events

# New beginnings & healthy families.

Kinship House opened its doors in 1996, becoming the first outpatient program in Portland dedicated to serving the unique mental health needs of children with adverse childhood experiences, who are experiencing foster care and adoption. For over twenty years, our low-barrier supports have been a key intervention in the pathway to children building permanency and stability for healthy, vibrant futures. Since day one we have provided services to all children and families, regardless of ability to pay and length of services required, and we've done so out of a house. By creating a consistent, home-like environment we embody our trauma-informed approach from the moment a child turns the door knob.

**2019 has been a year of strength for Kinship House. Every day we see strength in the children who share their stories, strength in our clinicians who work every day in service to children, and strength in our community that has shown up to support children as they find permanency and stability for the future.**

Your year-end gift makes an impact in the life of a child.

Help meet the need for children in foster care.

**500**

Children served in 2019.

We're on AmazonSmile. You can give while shopping! Learn more at [KinshipHouse.org](http://KinshipHouse.org)

## Our Services



**Therapy:** Individualized mental health treatment centered around play and connection.



**Advocacy:** Centering a child's mental health in all decisions made on their behalf.

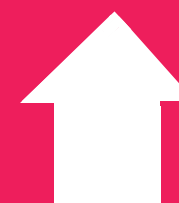


**Psychiatry:** Maintaining consistency with prescriptions as children face multiple moves.

## 2019 Impact



88 percent of children served improved or maintained their mental health well-being.



Therapy site expansion, allowing for service in 4 sites across the Greater Portland Metro area.



99 percent of children served maintained safe, appropriate homes throughout treatment.